

## **Achieving BCTTNS Therapeutic Touch® Recognized Practitioner (TTRP) Status**

### **A. BCTTNS member requirements:**

The applicant for Recognized Practitioner status:

- Maintains a relationship with the BCTTNS.
- Is a member in good standing with BCTTNS.
- Agrees to follow Krieger-Kunz method when practising Therapeutic Touch.
- Has signed the BCTTNS Code of Ethics for the Conduct and Practice of Therapeutic Touch.
- Submits current application fee.

### **B. TT Education and practice requirements:**

All individuals residing in BC must follow the BCTTNS curriculum and guidelines to achieve the status of TTRP in BC.

The applicant for the Recognized Practitioner status submits documentation to demonstrate the following:

**Basic Education:** Has successfully completed Therapeutic Touch course Levels 1, 2 and 3 with a minimum of 36 hours of instruction over a minimum of 6 months with a Canadian or TT International Recognized TT teacher.

**Practice:** Has practised TT for a minimum of one year following the completion of Level 3 with an average of 6 sessions per month. Participates regularly in a TT practice group, or mentorship process, or Practitioner Days where possible.

**Following Level III:** Has completed an additional 20 hours of TT specific studies such as: repeat Level 1, 2 or 3 with a different teacher; BCTTNS Practice Days or retreats; National TT conference; or International TT Intermediate/Advanced or Mentorship courses, etc. (ie: 36 hours basic plus 20 hours Continuing Studies = 56 hours).

**Self-development/self-care:** Has done a self-evaluation and has ascertained strengths and areas for improvement and has developed a plan to implement strategies (ie: meditates regularly, takes time for self).

**Practitioner workbook:** Submits 72 case studies which are documented in the BCTTNS Application for Recognized Practitioners Workbook. Documentation of TT sessions must demonstrate an ability to integrate all phases of TT at an intermediate level. Note: Documenting case studies or receiving TT sessions before Level III is optional. For the purposes of the practitioner workbook, these 72 case studies include:

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Notes:

It is important to acknowledge that not all members will choose to work towards the Recognized Practitioner status; this is a choice that may be suited to volunteers or professionals working in health care agencies or people in private practice.

A member in good standing has all dues/fees paid in full and is not presently receiving any disciplinary action and/or restrictions to practice.

Following Level I	Following Level II	Following Level III	Total
A maximum of 5 unsupervised case studies	A maximum of 10 unsupervised case studies	All remaining ( 35) unsupervised case studies	45 unsupervised case studies
A maximum of 3 supervised case studies	A maximum of 4 supervised case studies	All remaining (11) supervised case studies	15 supervised case studies
A maximum of 2 TT sessions received	A maximum of 3 TT sessions received	All remaining (7)TT sessions received	12 TT sessions received

**Please note:**

- Please file unsupervised sessions with the same client together.
- Unsupervised sessions may include **6** distance healing sessions.
- Received sessions may include **2** distance healing sessions.
- For the exceptional cases (students who live in an area of the Province or country that has no regulating process) Supervised sessions from a TTRP or TTRT can be done when attending Therapeutic Touch conferences, Therapeutic Touch Practitioner Days, or with permission of the person receiving, be observed by their mentor via the internet (ie: Skype or Zoom)

**Mentorship** from a TTRP or TTRT is required by BCTTNS as part of the documentation process.

**Letter of recommendation:** Submits a letter of recommendation from a Recognized Teacher, or a Recognized Practitioner who has supervised case study(s), or a mentor.

**C. Exceptional Cases:** The Education Committee may consider equivalent experience, education & practice in TT for individuals who live in an area of the Province or Country that has no regulated process. They must follow the criteria outlined in pages 4 and 5 of the Practitioner’s Workbook sessions. It is recommended that the individual have a local mentor or communicate by computer or telephone if a local mentor is not available.

**D. Transfers:** A Practitioner who is recognized by another Canadian Therapeutic Touch network or International TT network; or Therapeutic Touch International Association, Inc may apply to transfer their status to BCTTNS. They must provide proof of equivalent Recognized Practitioner status, and a letter of recommendation from their network or association indicating they are recognized as a Practitioner and are in good standing in that organization.

**A member in good standing** has all dues/fees paid in full and is not presently receiving any disciplinary action and/or restrictions to practice