

Therapeutic Touch™ and the Future of Healing into the 21st Century

This Summary of the lecture given by the late **Richard Gerber, M.D.** at the 1997 TTNO Conference remains relevant for today, as a vision of the future for Therapeutic Touch™ and for the The Therapeutic Touch Networks of Canada

The original article was written by Alexandra Fortuna.

His lecture included both the analytical framework and the intuitive experience of healing with energy and began with an outline of the Newtonian approach to medicine. This approach follows the practice that when disease is present in the body, the infecting cause can often be removed through chemical drugs or surgery. However, this approach that the body is only a physical machine which has developed the ability to think and feel may be quite the opposite to reality: living beings may be consciousness that has developed the ability to create physical matter. The possibility of this new reality was first outlined by Einstein in his equation $E=mc^2$. This equation defines the relationship of energy:matter interchange.

Gerber's defined the "human body as a collection of molecules which, on a quantum level, are actually "frozen energy fields." He describes physical existence as "matter fields animated and sustained by life energy fields - energized and motivated by energy fields of spirit/consciousness." This led to a discussion of life force energy systems, such as the meridian system, and ultimately into spiritual energy.

With a new concept of consciousness, Gerber began exploring life force and spiritual energies in healing, as it relates to Therapeutic Touch. He described energy as a carrier of information, for example the bioelectric signals that travel between the brain and the nerve cells and carry information on muscle movement. This bioinformational model Gerber refers to, defines disease as distorted information, and the possibility that energetic healing is a form of information exchange resulting in distorted energy being repatterned towards a state of perfect order.

"Healing is a transfer of magneto-electric energy with a powerful negentropic drive. Negentropic healing energy is pure life energy, and its transfer stimulates the enzyme repair systems of the body, which drive increased biological order and organization. The end result of healing energy transfer is increased energy availability for cells to carry out repairs and boost cellular metabolism."

Gerber suggests that if this energy transfer occurs, the motivational force behind healing must involve intention, a very "powerful aspect of consciousness". He raises the likelihood that this motivating force of intent is pure unconditional love found in the interconnectedness of life.

"[When a practitioner entered] a healing state... there was a direct perception of this interconnectedness of all life... and that the activating energy behind this was an activating energy of unconditional love...and the motivating force behind that was, in fact, not only the love, but the healing

intention. Intention is an incredibly powerful aspect of consciousness and it is really one of the things that helps direct healing. The healer working with Therapeutic Touch may actually generate - with this energy of unconditional love, an unforeseen effect on the structuring and repatterning of etheric fields."

Gerber introduces this concept of unconditional love, under a premise of universal connectedness, and the motivating force behind healing. This concept is less of an analytical formula and more of an intuitive approach.

This concept led Gerber to speak about a "healer as transformer and the transformed". Healing practitioners are aware that learning and experiencing energetic healing, such as Therapeutic Touch, will bring about changes in life, causing an altered perception of self, empowerment in living and/or an alteration in consciousness. Ultimately, once a path such as Therapeutic Touch is chosen, the doors of possibility widen and one can never view life in quite the same way again.

Gerber addressed the fact that such energetic awareness and life altering changes begin to open up people's senses to what cannot normally be physically seen, and barely described. New experiences often include increased synchronicity, symbolic insight, clairvoyant perception, and angelic awareness. These new experiences become integrated into a practitioner and in turn enhance one's healing abilities.

In addition to this reality, different practitioners use a variation of methods to enhance their individual treatments. Some practitioners use a variety of healing imagery to facilitate their process.

Although each practitioner combines his/her own set of experiences and ways of healing, Gerber calls upon all healing practitioners to be co-creators of peace and healing, and to make an impact in planetary healing through the use of heart centered meditations. As Gerber explains "Love is the most powerful force in the universe."

Dr. Gerber concluded his presentation by indicating that it is this shift in awareness from a Newtonian biomechanistic approach to medicine to a more Einsteinian energetic concept of healing that will cause a "growth in human consciousness to more widely embrace concepts of love and healing within the framework of an evolving science of vibrational medicine and multidimensional human anatomy." It is this "convergence of science and spirituality" that will create the medicine of the 21st century.